

**UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
WASHINGTON, D.C. 20549**

**FORM 8-K**

CURRENT REPORT PURSUANT  
TO SECTION 13 or 15(d) OF THE  
SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): November 28, 2022

**InnovaQor, Inc.**

(Exact Name of Registrant as Specified in Its Charter)

Nevada

(State or Other Jurisdiction of Incorporation)

000-33191  
(Commission File Number)

84-0436055  
(I.R.S. Employer Identification No.)

400 South Australian Avenue, Suite 800, West Palm Beach,  
Florida  
(Address of Principal Executive Offices)

33401  
(Zip Code)

(561) 421-1900  
(Registrant's Telephone Number, Including Area Code)

(Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered under Section 12(b) of the Act:

Title of each class	Trading Symbol	Name of each exchange on which registered
None	None	None

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

Emerging growth company

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

**Item 7.01. Regulation FD Disclosure**

On November 28, 2022, InnovaQor, Inc. (the "Company") issued a press release announcing that Sharon Hollis, our Chief Executive Officer, would be interviewed on Uptick Newswire's "Stock Day" podcast with Everett Jolly. A copy of the press release is attached hereto as Exhibit 99.1 and a transcript of the interview is attached hereto as Exhibit 99.2.

The information furnished pursuant to this Item 7.01, including Exhibits 99.1 and 99.2, shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or otherwise subject to the liabilities of that section, and shall not be deemed to be incorporated by reference into any filing of the Company under the Securities Act of 1933, as amended, or the Exchange Act, except as shall be expressly set forth by specific reference in such filing.

**Item 9.01. Financial Statements and Exhibits**

(d) Exhibits

**Exhibit No.**   **Exhibit Description**

99.1   [Press Release dated November 28, 2022](#)

**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: November 28, 2022

INNOVAQOR, INC.

By: /s/ Sharon Hollis

Sharon Hollis  
Chief Executive Officer  
(principal executive officer)

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### **InnovaQor Provides a Summary of its Business and Plans**

**WEST PALM BEACH, Fla. (November 28, 2022)** — **InnovaQor, Inc. (OTC: VMCS)**, Chief Executive Officer Sharon Hollis recently joined Stock Day host Everett Jolly to provide a summary of the business activities of InnovaQor.

Jolly began the interview by asking Hollis to explain what InnovaQor did.

Hollis explained that InnovaQor is a software development and implementation company specific to the healthcare sector. She explained that the purpose of the Company was to enhance business practices for providers and facilities, complimented with the provision of IT managed services to protect assets and patient data.

Jolly said it looked like the Company owned an exciting suite of software products for the healthcare sector, which had significant investment in previous years prior to acquisition by InnovaQor, and asked Hollis what the plans were to create value from these products?

Hollis confirmed that the Company owned some excellent, fully developed, and proven solutions. She stated that current resources were focused on monetizing the Electronic Health Records and MedTuning product. She confirmed that there are customers using the EHR product in the behavioral health sector and that an investment in sales and marketing could generate significant revenue and profit for the Company in the near future.

Jolly then asked Hollis to provide more information on the new communication product that had been mentioned in public disclosures.

Hollis explained that the Company was very excited about its plan is to develop a social media like network for professionals in the medical industry where peer-to-peer communication between professionals would be possible worldwide. She explained the Company's intention to start with a platform to join and identify peers, and expand to include subscription services for added value services and communication.

Jolly then for an example of something that would generate a subscription fee to help his listeners understand.

Hollis responded that the easiest example to talk about was the healthcare recruitment sector. She described that this is an extremely hot area right now with agencies and recruitment companies earning very significant fees to match healthcare employees with employers. She explained her belief that the market needs a solution that is much less expensive for all parties but also more specific in matching those seeking work and those needing to hire. She further described the intention to build a solution as a subscription module on the new platform, like the Uber app but for relevant talent to specific opportunities.

Jolly ended the interview by asking Hollis what message she would like the listeners to take away from the interview. Hollis responded that the Company had an ambitious plan but one she is confident can be delivered over the next 24 to 36 months and stated her intent to report the steps accomplished along the way.

To hear Sharon Hollis's entire interview, follow the link to the podcast here:

<https://audioboom.com/posts/8203677-innovaqor-provides-a-summary-of-its-business-and-plans>

For further information on InnovaQor, Inc., please visit [www.innovaqor.com](http://www.innovaqor.com)

### **About InnovaQor, Inc.**

InnovaQor delivers innovative technology and software solutions for the medical sector and intends to build a communication platform specifically for the medical sector, which will facilitate communication and collaboration between peers and allow the addition of revenue generating bolt on offers, including existing solutions and a new recruitment matching product for the healthcare sector.

### **Forward-Looking Statements**

This press release includes "forward-looking statements" within the meaning of the safe harbor provisions of the United States Private Securities Litigation Reform Act of 1995. Actual results may differ from expectations and, consequently, you should not rely on these forward-looking statements as predictions of future events. Words such as "expect," "estimate," "project," "budget," "forecast," "anticipate," "intend," "plan," "may," "will," "could," "should," "believes," "predicts," "potential," "continue," and similar expressions are intended to identify such forward-looking statements. These forward-looking statements involve significant risks and uncertainties that could cause the actual results to differ materially from the expected results. Additional information concerning these, and other risk factors, is contained in the Company's most recent filings with the Securities and Exchange Commission. The Company cautions readers not to place undue reliance upon any forward-looking statements, which speak only as of the date made. The Company does not undertake or accept any obligation or undertaking to release publicly any updates or revisions to any forward-looking statements to reflect any change in their expectations or any change in events, conditions, or circumstances on which any such statement is based, except as required by law.

### **Contact:**

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**InnovaQor, Inc. Interview**  
**CEO Sharon Hollis on Uptick Newswire November 2022**

**Speakers: Everett Jolly and Sharon Hollis**

**Jolly:** On today's show I'm bringing you a brand new company, it came on our radar about 30 days ago. The name of the company is InnovaQor, Inc. They trade on the OTC Pink Sheets under the ticker symbol 'VMCS'. With us today is the CEO, she is going to bring us up to speed, Ms. Sharon Hollis. Sharon, welcome to the show.

**Hollis:** Hi, Everett, thank you for inviting me here.

**Jolly:** In simple terms, if you would, what is InnovaQor and what do you guys do?

**Hollis:** InnovaQor is a software development and implementation company, Everett, with a focus and expertise for software solutions specific for the health care sector, and mainly for the purpose of enhancing business practices for providers and facilities. We also complement that with IT managed services to protect those assets and patient data.

**Jolly:** You know, I was looking at your 8-K and 10-Q, and it looks like you have some very exciting suites of software products for the health care sector. That being said, there was a significant investment in them over the past few years prior to the acquisition of them. What are your plans and how do you envision creating value from what you guys have?

**Hollis:** Yes, we definitely own some excellent solutions, all of which have been fully developed and proven in the marketplace. Like any software we consistently need to keep current with technology and features, and while we do that we are applying our available resources on monetizing our electronic health records and our MedTuning product. We believe the EHR solution can compete with any alternative out there and we already have customers using it in the behavioral health sector. We predict with minimal investment in the integration of a few additional features, and a significant investment in sales and marketing, this product can generate meaningful revenue and profit for the company in the very near future. We are also looking at options to monetize MedTuning, which is our decision support solution for the pharmaco genomics sector. The sales and marketing of these products will keep the team busy while we finalize a strategy to build out our new products.

**Jolly:** You mentioned a new product, and I see a reference to a communications platform in your public disclosure. Can you tell us a little more about that?

**Hollis:** Yes, we are very excited about this. Our plan is to develop a social media network for professionals in the medical industry. There are so many areas of the health care industry that would benefit from peer-to-peer communication between professionals worldwide. The pandemic has highlighted that need obviously. It sounds like an ambitious plan and it is, but we will start with a platform to identify and join peers, and then we expect to expand it to include subscription services for added value to those users.

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**Jolly:** Could you give my listeners maybe an example of something that would generate subscription fees from this new platform?

**Hollis:** Everett, we have several modules that will create an opportunity for subscription fees but the easiest example to talk about is probably the health care recruitment sector. It is an extremely hot area right now with agencies and recruitment companies earning very significant fees to match employees with employers. We believe the market needs a solution that is much less expensive for all parties but also more specific in its vision in matching those seeking work and those needing to hire. We envision a subscription module on our platform, like the Uber app, but for relevant talent and specific opportunities.

**Jolly:** The company that we are highlighting here today on Stock Day Media is InnovaQor, Inc., you can find them on the OTC Pinks under the ticker symbol 'VMCS'. Sharon, before I let you go, what message would you like our listeners to take from the interview today?

**Hollis:** I think we have an ambitious plan, but one we are confident can be delivered over the next 24 to 36 months, and we really look forward to reporting the steps we accomplish along the way.

**Jolly:** I want to thank you for coming on the show. I hope I didn't scare you off or anything like that. Hopefully, you become a regular and come back on the show every 40 to 50 days to give us an update.

**Hollis:** Thank you, Everett. We would love to.

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