

OMB APPROVAL	
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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * <u>Hollis Sharon Lynne</u> <hr/> (Last) (First) (Middle) 400 S. AUSTRALIAN AVE., SUITE 800 <hr/> (Street) WEST PALM BEACH, FL 33401 <hr/> (City) (State) (Zip)	2. Date of Event Requiring Statement (Month/Day/Year) 09/27/2022	3. Issuer Name and Ticker or Trading Symbol <u>InnovaQor, Inc. [VMCS]</u>	
		4. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director 10% Owner Officer (give title below) Other (specify below)	5. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Beneficially Owned

1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
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Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise Price of Derivative Security	5. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares			

Explanation of Responses:

Remarks:

Sharon L. Hollis owns 25 shares of Series C Convertible Redeemable Preferred Stock (the "Series C Preferred Stock") of InnovaQor, Inc. The Series C Preferred Stock has a stated value of \$1,000 per share and is convertible into the number of shares of Common Stock determined by dividing the stated value of the shares being converted by the conversion price, which equals 90% of the average closing price of the Common Stock on the 10 trading days immediately prior to the conversion date. If the conversion date were September 26, 2022, the 25 shares of Series C Preferred Stock would have been convertible into 4,516,712 shares of Common Stock. Because the conversion price of the Series C Preferred Stock is determined based on the market price of the Common Stock, the number of shares of Common Stock into which the Series C Preferred Stock is convertible will fluctuate.

No securities are beneficially owned.

/s/ Sharon L. Hollis

09/27/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.