FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0104							
Estimated average burden								
hours per response:	0.5							

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Dab Gerard		Date of Event Roatement (Month/		3. Issuer Name and Ticker or Trading Symbol InnovaQor, Inc. [INQR]							
(Last) 400 S. AUSTRASUITE 800 (Street) WEST PALM BEACH, (City)	(First) ALIAN AVE., FL (State)	(Middle) 33401 (Zip)	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,			ionship of Reporting Person(s all applicable) Director Officer (give title below)	10% Owner 10% Owner Other (spec below)	(N 6.	oplicable Line) X Form filed by	te of Original Filed Group Filing (Check y One Reporting Person y More than One Reporting	
Table I - Non-Derivative Securities Beneficially Owned											
					t of Securities Ily Owned (Instr. 4)			4. Nature of Indirect Beneficial Ownership (Instr. 5)			
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)											
· · · · · · · · · · · · · · E			2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Derivative Security (Instr. 4)		Conver or Exer		e (D) or	6. Nature of Indirect Beneficial Ownership (Instr. 5)	
			Date Expiration Exercisable Date		Title		Amount or Security of Shares		. [, ,		

Explanation of Responses:

Remarks:

Gerard Dab owns 200 shares of Series C-1 Convertible Redeemable Preferred Stock (the "Series C-1 Preferred Stock") of InnovaQor, Inc. The Series C-1 Preferred Stock has a stated value of \$1,000 per share and is convertible into the number of shares of Common Stock determined by dividing the stated value of the shares being converted by the conversion price, which equals 90% of the average closing price of the Common Stock on the 10 trading days immediately prior to the conversion date. If the conversion date were September 26, 2022, the 200 shares of Series C-1 Preferred Stock would have been convertible into 11,724,168 shares of Common Stock, due to the 4.99% ownership blocker in the terms of the Series C-1 Preferred Stock. If there were no ownership blocker, the 200 shares of Series C-1 Preferred Stock would have been convertible into 36,133,694 shares of Common Stock as of September 26, 2022. Because the conversion price of the Series C-1 Preferred Stock is determined based on the market price of the Common Stock, the number of shares of Common Stock into which the Series C-1 Preferred Stock is convertible will fluctuate.

No securities are beneficially owned.

/s/ Gerard Dab

02/21/2023

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

 $Note: File \ three \ copies \ of \ this \ Form, \ one \ of \ which \ must \ be \ manually \ signed. \ If \ space \ is \ insufficient, \ see \ Instruction \ 6 \ for \ procedure.$

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.